

TRIP EQUIPMENT

List for Raymond Herlong

Notice: This list is a culmination of lists obtained from various sources for the personal use of Raymond Herlong only. The list is not intended to be comprehensive, but is simply a reminder of items that may be considered as valuable when planning a caving trip. The list may be used by others as a basis to develop their own reminder list, but shall not be relied upon as the only resource of information.

Equipment

- Cave pack
- Webbing or length of climbing rope, with carabiner
- Pocket knife
- Helmet with chin strap
- Knee pads (type dependent on cave)
- Space blanket
- Plastic bag
- Container to pack out trash
- Containers to pack out human waste. (*Remember, if you have to go, you have to pack it out.*)
- Emergency Kit
- Pencil and paper
- _____
- _____

Light sources

- Primary light source:
 - Primary light source repair kit:
 - Electric:* Lamp, batteries, fuse, wire, electrical tape, pliers
 - Carbide:* Extra bottom, felt, gasket, tip, tip reamer, flint, tip wrench
 - Primary light source supplies:
 - Electric:* Enough batteries to last twice the anticipated trip length.
 - Carbide:* Enough carbide to last twice the anticipated trip length.
 - Water bottle, dump bottle, Vaseline
- Secondary light source:
 - Secondary light source: Source should be helmet mountable to allow for continuation of caving in the event of Primary failure.
 - Secondary light source repair kit: Similar to Primary repair kits.
- Backup light source:
 - Backup light source: Flashlight with extra batteries and lamp. If batteries and lamps for Secondary and Backup are interchangeable less supplies are needed.
- Emergency light source:
 - Emergency light source: Flashlight, chemical sticks, or candles with waterproof matches.
- _____
- _____

Clothing

- Good climbing or work boots. (*Absolutely No "muck-luks" or hard rubber boots.*)
- Wool socks (Polypro type undersocks for damp or wet caves.)
- Sweat pants and sweat shirt (Polypro type underwear for damp or wet caves.)
- Knee protectors
- Trousers and shirt or coveralls
- Gloves
- Belt
- Polypropylene socks and under garments are very good and substitute for wool.
- _____
- _____

Food: Food should not require refrigeration, be fast and easy to eat and waterproof. Quick energy foods, high in carbohydrates. Pack out all waste. (*Avoid food that crumbles easily or is messy, like ham sandwiches with chips.*)

- Drinking water or juice in an unbreakable container
- Fruit, fresh or dried
- High energy bars
- Dried meats
- Candy
- Trail mix is good but difficult to eat unless packed properly. (*Do not drop crumbs.*)
- _____
- _____

Emergency Kit

- | | |
|---|--|
| <input type="checkbox"/> Whistle | <input type="checkbox"/> Electric lamp and batteries |
| <input type="checkbox"/> Band aids | <input type="checkbox"/> Kleenex |
| <input type="checkbox"/> Aspirin or Tylenol | <input type="checkbox"/> Adhesive tape |
| <input type="checkbox"/> Tweezers | <input type="checkbox"/> Candle and matches |
| <input type="checkbox"/> Q-tips | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Several quarters for telephone | <input type="checkbox"/> _____ |

At least one cover to carry

- | | |
|---|---|
| <input type="checkbox"/> Flagging or marking tape | <input type="checkbox"/> Watch (waterproof) |
| <input type="checkbox"/> First Aid kit | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Cave map | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Compass | <input type="checkbox"/> _____ |

Other Items

- _____
- _____
- _____
- _____
- _____

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